

YMCA Camp Potawotami Sample Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Breakfast: Scrambled Eggs Toast & Hash browns	Breakfast: Pancakes & Sausage	Breakfast: Cinnamon Rolls Oatmeal	Breakfast: French Toast Sticks Sausage	Breakfast: Bagels & Cream Cheese Coffee Cake Hard-boiled eggs
	Lunch: Chicken Nuggets Macaroni and Cheese Peas	Lunch: Tacos Rice Fruit cocktail	Lunch: Corndogs French Fries Green Beans	Lunch: Hamburgers Smiley Fries Mixed Vegetables	Lunch: Grilled Cheese Tomato Soup Crackers
Dinner: Pizza & Corn Ice-cream Sundaes	Dinner: Baked Ham Au Gratin Potatoes Mixed Vegetables Rolls & Cookies	Dinner: Spaghetti & Sauce Garlic Bread Brownies	Dinner: Create-your-own: Pita Pizza Vegetable & Fruit Smore's	Dinner: Chicken and Noodles Mashed potatoes Carrots Rolls & Cake	Dinner: Family Picnic: Pulled Pork Baked Beans Vegetables & Fruit Cookies

*Milk and water is available every meal, juice is available at breakfast.

*There is a cereal bar with fruit and yogurt at every breakfast

*There is a Salad bar is available at every lunch and dinner

*Peanut-free butter and jelly sandwich making is available at every meal